

Contact

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(Company)

Top Skills

Psychiatry
Clinical Psychology
Psychotherapy

Languages

English
Hindi
Telugu
Tamil
Kannada

Certifications

KMC Registration

Publications

Apps related to Psychiatry Practice
Smart Study Series: Psychiatry
Introduction to Public Mental Health
Chapter-04 Cyberspace: The Good,
the Bad, and the Ugly
Telepsychiatry Netiquette: Connect,
Communicate and Consult

Dr Mohan Sunil Kumar

MBBS, DPM (NIMHANS) | Co-Founder & Chief Psychiatrist,
Augmenta Health | Digital Mental Health | Suicide Prevention &
Public Mental Health | Advisor: Health Systems & Startups | 19+ yrs
PG Entrance Faculty |
Bengaluru, Karnataka, India

Summary

I trained at NIMHANS, India's premier mental health institute, where I developed a blend of academic rigour and clinical depth. I am a recipient of the Ramchandra N Murthy Foundation Fellowship, and a Fellow of both the Indian Psychiatric Society and the Indian Association of Private Psychiatry.

I am a sought-after teacher and trainer on diverse aspects of mental health, and serve as the Psychiatry faculty for Marrow, India's gold standard medical education app.

Fluent in five Indian languages, I connect with diverse communities and lead with empathy. My work spans suicide prevention, digital innovation, public mental health, and teaching. I co-created Helpie, a robust training platform designed to build suicide prevention skills within communities.

I am the publishing anchor and co-author of "The Val-You Book", and helped shape this guided journal into a vibrant space for psychological reflection and values-based growth.

With interests ranging from neuroeconomics to AI in psychiatry, I hold leadership roles across national and international platforms. I champion a holistic approach to mental health through my transformative 3Ts: Technology for innovation, Touch for empathy, and Teaching to build the next generation of health-care champions.

My work is rooted in science, shaped by purpose, and driven by innovation and technology.

Experience

Augmenta Health Private Limited
Co-Founder & Chief Psychiatrist
March 2011 - Present (15 years 2 months)
Bangalore

Augmenta Health is a new age mental health company in the private sector, offering trustworthy, time-bound, and technology-enabled mental health care solutions. Going beyond disorders and symptom-focused treatment, our work emphasises personal growth, adaptation, and equipping individuals to navigate changing life circumstances with resilience and clarity.

In this role, I:

- Lead clinical governance and quality across outpatient psychiatric services
- Liaise, collaborate, and consult on mental health training initiatives across diverse sectors
- Design and implement suicide prevention and early-intervention frameworks
- Build scalable public mental health initiatives that translate evidence into practice
- Co-created Helpie, an online suicide gatekeeper training platform that strengthens identification, safe response, and referral pathways within communities
- Provide advisory input on integrating mental health into health systems, educational institutions, workplaces, and digital platforms

Our work bridges the clinic, community, and capacity-building ecosystem, prioritising sustainable models over isolated interventions.

Couch: Centre for new beginning
Chief Psychiatrist
June 2013 - Present (12 years 11 months)
Bangalore

Couch: Centre for New Beginning is an outpatient psychiatric and psychotherapy practice focused on comprehensive, evidence-based mental health care.

In this role, I:

- Conduct detailed psychiatric evaluations and longitudinal treatment planning
- Manage mood disorders, anxiety disorders, addiction-related conditions, and complex clinical presentations

- Integrate pharmacotherapy with psychotherapy-informed care models
- Emphasise relapse prevention, functional recovery, and sustained well-being
- Work collaboratively with families and care networks to strengthen treatment continuity

The practice prioritises clarity in diagnosis, continuity in care, and measurable functional improvement.

DailyRounds / Marrow

Teaching Faculty - Psychiatry

January 2017 - Present (9 years 4 months)

19+ years of teaching psychiatry to medical graduates all over the country and helping their dream to crack the NEET PG/INI CET/and other related competitive exams.

Education

National Institute of Mental Health and Neuro Sciences (NIMHANS),
India

DPM, Psychiatry Residency Program · (2005 - 2007)

JJM Medical College, Davangere

MBBS · (1998 - 2003)