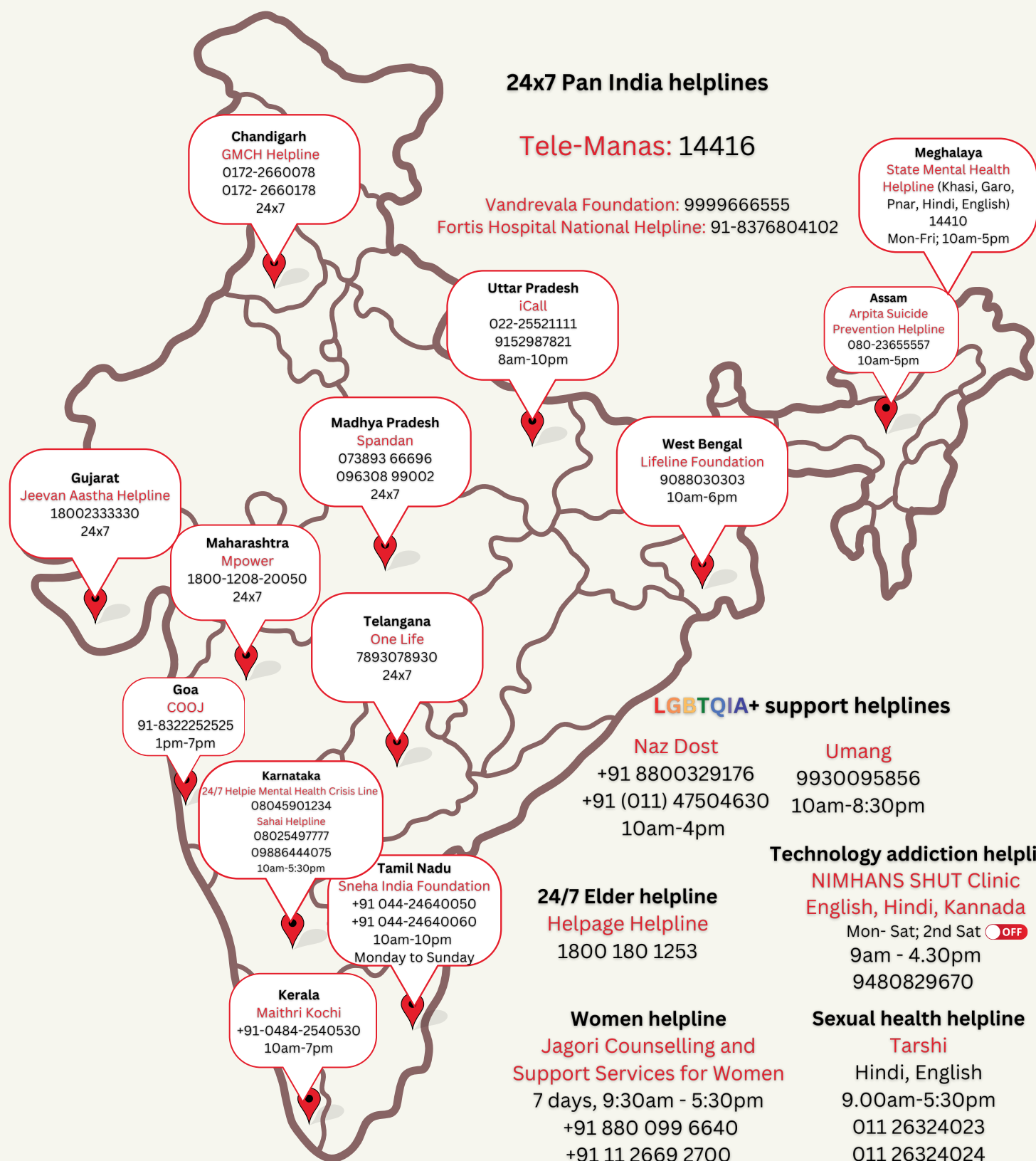


India-wide Verified Mental Health Crisis Helplines



Collaboratively compiled by the team at the Helpie Mental Health Crisis Helpline

Disclaimer: The Helpie team operates the Helpie Mental Health Crisis Line (Karnataka). Helpie is not in charge of other listed helplines and accepts no responsibility for any changes in the operation or the quality of advice and responses. User discretion is advised.